

# SECOND ANNOUNCEMENT

# 11th

## EUROPEAN CONGRESS MENTAL HEALTH IN INTELLECTUAL DISABILITY

'Better Mental **HEALTH**  
FOR PEOPLE  
with **INTELLECTUAL**  
**DISABILITY**'

PROVIDING BETTER CARE USING KNOWLEDGE TRANSFER AND BRINGING  
TOGETHER INNOVATIVE AND COLLABORATIVE NETWORKS

**EAMHID IN COOPERATION WITH APEMH FOUNDATION**



21<sup>st</sup> - 23<sup>rd</sup>  
September 2017

European  
Convention Center,  
Luxembourg

[www.eamhid.lu](http://www.eamhid.lu)



UNIVERSITY OF LUXEMBOURG  
Integrative Research Unit on Social  
and Individual Development (INSIDE)



# BETTER MENTAL HEALTH FOR PEOPLE WITH INTELLECTUAL DISABILITY

Like the rest of the population, the mental health of people with intellectual disabilities is best understood in a much wider context of their general well-being, their supports and networks, their family and social setting and the broader aspects of the society that have significant impacts on their health and health inequalities. The Congress will bring together current knowledge and expertise in this wider context, looking at how people with intellectual disabilities, their families and their social and professional networks. All have important experience and skills to contribute and share in creating and developing effective, collaborative and co-productive models of service provision.

## ORGANISERS

### THE CONGRESS IS ORGANISED BY



### SUPPORTED BY



### THE CONGRESS IS ENDORSED BY



**ARFIE** Association de Recherche et de Formation sur l'Insertion en Europe



**NADD** National Association on Dual Diagnosis



**CCDH** Commission Consultative des Droits de l'Homme

**SIICHLA**

**SIICHLA** Séminaire interuniversitaire international sur la clinique du handicap



**IASSIDD** Special interest group CBMH, challenging Behaviour Mental Health



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**WPA** World Psychiatric Association, section Psychiatry of Intellectual Disability

# INVITATION



**Raymond Ceccotto**

President of the European Association for Mental Health in Intellectual Disability  
General Manager APEMH, Bettange-sur-Mess, Luxembourg



**Germain Weber**

Vice-President of the European Association for Mental Health in Intellectual Disability  
President of the Scientific Committee EAMHID 2017

## **Better access to mental health services and better Quality of Life... also for people with intellectual disabilities!**

*"In meeting the mental health needs of people with IDD we have to move on from purely scientific or clinical observation and curiosity to more collaborative and empowering approaches! We need to recognise that often those who understand an individual's distress most acutely are those who live close to and support them day to day, families and carers"*  
(Roger Banks, *Arfie-Reports*, n°4, May 2006)

There is no doubt that people with intellectual and developmental disabilities (IDD) have mental health problems like everyone else and a proofed greater predisposition to mental health problems, three to four times more than in normal population. The reasons of this vulnerability are different from those causing the cognitive deficits and are linked to biological, psychological and social factors. In addition, these problems may often be related to negative experiences (separation, neglect, abuse, etc.). Sometimes these experiences are difficult to understand, to listen to or to bear. They therefore can often go unrecognised or unacknowledged.

The European Association on Mental Health and Mental Retardation has the important aim to promote a new thinking about the "mental health issue" in people with intellectual disabilities.

Indeed, up to this point, mental health issues and problem behaviour in people with intellectual disabilities were commonly referred to as being inherent to the intellectual disability itself, with low intellectual functioning being viewed as a result of a "dysfunctional" or "abnormal" brain situation. It was common practice to "treat" mental health problems in this population without comprehensive mental health assessment and thus abstaining from treatments based on diagnostic criteria and clinical evidence.

People with IDD need a maximum of sanitary attention, and a full access to mental health services, as promoted although through the UN Convention on Rights of Persons with Disabilities.

The psychological specificities of expression of their mental health problems require very specialised clinical competences and an adapted care environment!

Now, 20 years later, with major advancements in basic and applied research, knowledge on mental health issues specific to people with intellectual disabilities has raised substantially.

EAMHID is offering a unique platform in Europe for exchanging advances in the field, disseminating evidence-based practices,

promoting competences and skills within professional groups and encouraging research.

However, limitations of these achievements become evident when evaluating the success of the knowledge accumulated in this period being transferred into practice and when assessing the impact our knowledge actually has for the mental well-being and quality of life of individuals with intellectual disabilities.

Social participation and inclusion are vital ingredients nourishing good mental health. The same counts for quality of life: a quality of life approach, considering a holistic and person centered attitude gives a privileged attention to the needs and competences of persons with IDD. It highlights their role in society, considers them as assets and encourage supporters to develop ways of listening to and working with them in a co-productive approach!

The beginning of the 21<sup>st</sup> century have seen a growing, and appreciate, emphasis on principles and models of normalisation and social inclusion for people with learning and intellectual disabilities. A social model of disability drives professionals and other concerned actors to focus their efforts on reducing barriers and obstacles that society imposes on individuals with intellectual and developmental disabilities (IDD) and aim above all to improve their quality of life! In supporting individuals to explore and fulfil life as "ordinary", it is inevitable that we develop closer and more connected working relationships with them. In doing so, not only is there a richness of experience to be gained, but also a great deal of distress, disturbance and pain to be listened to and shared.

With this conference in 2017, EAMHID strives towards a next major step for improving mental health for people with ID, offering co-productive workshops within the traditional congress tracks. This new format goes far beyond classical formats for presenting research at conferences and aims at bringing stakeholders from different sectors together, including people with intellectual disabilities themselves. We are convinced that a congress offering an inclusive setting and taking advantage of more inclusive strategies will offer a better frame for inspiring experiences.

May this congress participate in making advances towards improving the mental health of people with intellectual disabilities, and may this lead to more effective and respectful treatment with person-centred and biographical approaches being more widely used to understand the individual's mental health challenges, thus going beyond explaining it.

**Mental health for people with intellectual disability is definitely more than a health issue!**

# PROGRAMME HIGHLIGHTS

## KEYNOTE SPEAKERS



**Johan De Groef (BE)** • Language:  • Translation:  

**Lecture title: Critical Factors to promote Mental Health in ID. Against fragmentation and splitting at different organisational levels. Looking for a coherent and inclusive approach**

Former president EAMHID, Johan De Groef is general manager of Zonneliéd (Roosdaal, Belgium), an organisation for adults with ID. Since more than 25 years he is active in the sector of service provision for people with disabilities and active as psychotherapist in private practice. He is also trainer and supervisor in the post-graduate course in Psychoanalytic Psychotherapy and the post-academic course in Mental Health in ID at the KU Leuven.

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**Randi Hagerman (USA)** • Language:  • Translation:  

**Lecture title: From Molecular Studies to targeted Treatments in Fragile X Syndrome**

Randi Hagerman is a developmental and behavioral pediatrician and has studied patients with fragile X syndrome (FXS), FXTAS, premutation disorders and other neurodevelopmental disorders for her entire career, which is longer than 25 years. She has carried out numerous targeted treatment studies in FXS and autism, including CX516 (ampakine), mGluR5 antagonists, arbaclofen, ganaxolone, basimglurant, AFQ056, and the IGF-1 analogue, trofinetide. She discovered FXTAS with her team in 1999 and reported the first cases in 2001. She has carried out targeted treatments in FXTAS including memantine and allopregnanolone and she's currently funded to study the progression of FXTAS by NICHD. Randi Hagerman heads the Clinical Trials Program at the MIND Institute, where she's also the medical director, and she holds an Endowed Chair in Fragile X Research.

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**Chris Oliver (UK)** • Language:  • Translation:  

**Lecturer title: Challenging behaviour: Individual difference matters**

Chris Oliver is Professor of Neurodevelopmental Disorders and Director of the Cerebra Centre for Neurodevelopmental Disorders. His main research interests are behavioural, cognitive and emotional disorders in people with severe intellectual disability, genetic syndromes and autism spectrum conditions.

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**Régine Scelles (FR)** • Language:   • Translation:  

**Lecturer Title : The disabled child: the desire to know and learning with one's peers**

Régine Scelles is psychologist and Professor of psychopathology at the University Paris Ouest Nanterre La Défense (CIYPSYD). She is Member of the Scientific Council of the SFPEADA (since 2013), Member of the Scientific Council of the CNSA (since 2014), Deputy Director of the graduate school HRST (since 2011), Director of Dialogue magazine (indexed PsycInfo), and Founding member of SIICHLA. She established Inter-University relations with Algeria, Tunisia, Turkey, Brazil, Cameroon, Switzerland and Belgium. Her most important topics are ethics, ethical research and clinical practice, disability and severe somatic pathology, clinic and psychopathology of family ties, as the fraternal issue in situations of disability, illness and abuse.

# FOCUSED COMMUNICATIONS



**Nigel Beil (UK)** • Language: • Translation:   
Psychotherapy in Supporting People With ID: New Advances From Research and Clinical Practice.



**Marco Bertelli (IT)** • Language:   
Mental Health and Quality of Life in Neurodevelopmental Disorders.



**Nick Bouras (UK)** • Language:   
Mental Health and Intellectual Disability: History and Concepts Towards Evidence-Based Practices.



**Dieter Ferring (LU)** • Language:   
Enlarging the frame: Issues of inclusion and mental health in an ageing society.



**Emmanuelle Jouet (FR)**  
Language: • Translation:   
Challenges of Partnerships between Patients and Healthcare Professionals.



**Brigitte Lueger-Schuster (AT)**  
Language: • Translation:   
Trauma and traumatic sequelae in people with intellectual disabilities.



**Jane McCarthy (UK)**  
Language: • Translation:   
Autism and Offending: Towards an Evidence-Based Approach.



**Barbara Paggi (IT)** • Language:   
Cooperation Models Among the Public Health Sector and School System: Inclusion of Children with Autism Spectrum Disorder.



**Michael Seidel (DE)**  
Language: • Translation:   
Mental health for people with ID - A challenge between human rights and scientific progress.



**David Simo-Pinatella (ES)** • Language:   
Exploring Problem Behaviour Exhibited by Children and Young Adults: Prevalence, Risk Markers and Antecedent Events Associated With Its Occurrence.



**Gérard Zribi (FR)**  
Language: • Translation:   
Desinstitution and inclusion ... a real misunderstanding ?

## PRECOURSES

EAMHID's pre-Congress courses are offered at an advanced teaching level covering the themes within the main scientific program in more detail. All pre-courses will be held on Thursday, September 21<sup>st</sup> 2017 (9:00 AM-1.00 PM).

1. **DM-ID-2 Diagnostic manual - Intellectual Disability: a textbook of diagnosis of mental disorders in persons with Intellectual Disability:** Robert Fletcher, Jane McCarthy, Laurie Charlot, Angela Hassiotis, Sally-Ann Cooper • Language:
2. **Das sozio-emotionale Entwicklungsniveau (SEO) in der Diagnostik und Therapie von Menschen mit geistiger Behinderung:** Christoph Sabellek, Brian Barrett • Language: • Translation:
3. **Update on psychopharmacology for persons with Intellectual Disability and/or low functioning autism Spectrum Disorder:** Michele Rossi, Marco Bertelli • Language:
4. **Psychotherapeutic approaches to the support and care of people with intellectual disabilities and their families:** Nigel Beil, Roger Banks • Language: • Translation:
5. **Demenz bei Menschen mit intellektueller Beeinträchtigung:** Elisabeth Zeilinger, Sandra Verena Müller • Language:
6. **Assessing Emotional Development & Emotional Needs:** Tanja Sappok, Anton Dosen, Filip Morisse & Leen De Neve  
Language:
7. **Coaching for front-line staff supporting people with DID and challenging behaviours:** Petri J.C.M. Embregts, Wietske van Oosrouw, Kim van den Bogaard • Language: • Translation:
8. **Reducing restraints and restrictive behaviour management practices:** Peter Sturmeijer • Language:
9. **Parcours de vie et d'insertion de publics fragilisés : le défi du partenariat et de la transmission des savoirs :** Emmanuelle Klein • Language:
10. **Le parcours institutionnel : un point de vue psychanalytique à deux voix :** Jean-Tristan Richard, Isabelle Kyriaco • Language:
11. **ASD and challenging behaviours - causes and practical implications:** Marieke Conty, Thomas Bergmann • Language:

Full details about the conference programme (plenary and parallel sessions, co-productive workshops, posters, pre-courses) are outlined on the website: [www.eamhid.lu/luxembourg-2017/programme](http://www.eamhid.lu/luxembourg-2017/programme) and [www.eamhid.lu/luxembourg-2017/eamhid-pre-courses](http://www.eamhid.lu/luxembourg-2017/eamhid-pre-courses)

## POSTER AWARD

All young authors who will present a poster at the European Congress in Luxembourg will have the chance to discuss methods and results with experienced researchers. The best three posters will be awarded with The Mental Health and Intellectual Disability Poster Award. Judges from the Scientific Committee of the executive committee will rate the presented posters for excellence in communication, research, and contribution to the goals of the Association.

## DISSERTATION AWARD

For outstanding contributions to the field, dissertations defended between 1<sup>st</sup> of July 2015 and 30<sup>th</sup> of June 2017 can be nominated for the Mental Health and Intellectual Disability Dissertation Award. Submission for dissertation award should include the electronic version of the dissertation as well as an abstract with a maximum of 2 pages. The submission include a copy of the official acceptance of the dissertation as well as a CV and list of scientific contributions (e.g. publications, presentations) by the author of the dissertation and the name(s) and affiliation(s) of the supervisor(s) of the dissertation.

## REGISTRATION FEES

Online registration is available on [www.eamhid.lu](http://www.eamhid.lu)

	<b>Regular fee Deadline 20 September 2017</b>	<b>Participant and Student fee includes</b>
Pre-Congress Course	Euro 60	- Attendance to Scientific Sessions - Opening Ceremony and Welcome Reception - Coffee breaks - Snack lunches - Congress bag - Certificate of Attendance - Abstract Book
Participant Member	Euro 435	
Participant Non Member	Euro 500	
Student	Euro 225	
Dinner	Euro 80	

Advance registrations are preferred in order to facilitate planning of the scientific sessions and social events of the congress. Free access to special issue. On site registration is strongly discouraged and availability for social events cannot be guaranteed.

Registration fees are in Euro (VAT included). The registration fee will be adjusted according to the current VAT charge alignment.

## BECOME A MEMBER OF EAMHID

- Reduced fee to the European Congress
  - Receive The Journal of Intellectual Disability Research which is devoted exclusively to the scientific study of intellectual disability and publishes papers reporting original observations in this field
  - Access to an European network of high qualified professionals and researchers
- Individual membership 2017 € 83,50  
Company membership 2017 € 398,50

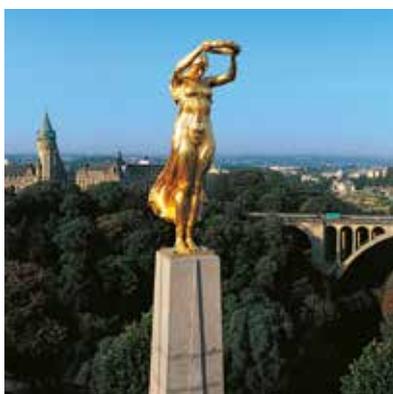
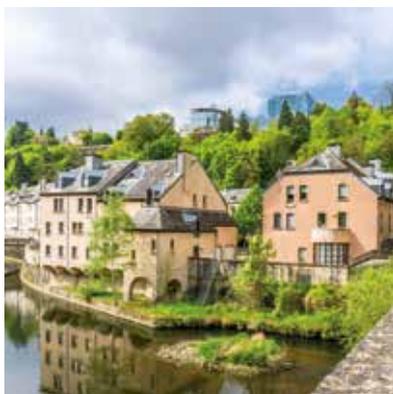
# GENERAL INFORMATION

## CONGRESS VENUE



European Convention Center Luxembourg  
1, rue du Fort Thungen  
L- 1499 Luxembourg  
[www.luxcongress.lu](http://www.luxcongress.lu)

## CITY OF LUXEMBOURG



Be captivated by a stay in **Luxembourg**, a cosmopolitan country in the heart of Europe.

Discover a multicultural city, the Grand Duchy of Luxembourg's capital and seat of many European institutions. Between tradition and modernity, let yourself be surprised by its many tourist places to **visit**, its UNESCO World Heritage **monuments** and the numerous **museums** and squares. Plan your cultural outings with the agenda, full of ideas to complete your stay: festivals, exhibitions, theater...

**Nature** and sports lovers ? Discover the regions around Luxembourg City. Enjoy different landscapes of the nature parks in the Luxembourg Ardennes, but also medieval castles...

In the south of the country, you will discover the industrial past of the Red Rocks region, and its former steel-works sites. Oenophile ? Discover the Moselle region with its steep vineyards. Don't hesitate to stop at a winery for some wine tasting.

"Small is beautiful". This delightful little country is undeniably one of the most attractive destinations in which to combine a business trip and leisure activities.

## EASY ACCESS

The city of Luxembourg and the Kirchberg plateau, where the European Convention Center is located, are linked to the main cities of Europe by a first-class motorway network, regular and high-speed rail routes (particularly the TGV link to and from Paris) and many international air routes to and from Luxembourg's international airport ("Luxembourg-Findel").

The Luxembourg air terminal welcomes 13 airlines serving 24 countries and 67 airports with over 800 flights a week on average. The national carrier is called Luxair ([www.luxair.lu](http://www.luxair.lu)).

For more information about the transport by train, please visit:

[www.cfl.lu](http://www.cfl.lu) ; <https://tgv.lu.voyages-sncf.com/tarifs-tgv> or [www.mobiliteit.lu](http://www.mobiliteit.lu)

## TAXIS

[www.webtaxi.lu](http://www.webtaxi.lu)

Alo Taxi: +352 28 37 18 73

Taxis Colux : +352 48 22 33

You will also find a few taxis at Place de l'Europe (next to the building "Robert Schuman").

Amsterdam	417 km		1h30'
Barcelona	986 km		2h25'
Berlin	769 km		1h20'
Brussels	216 km		2h00'
Cologne	233 km		2h30'
Frankfurt	276 km		0h50'
Geneva	576 km		0h55'
Hamburg	659 km		1h55'
London	584 km		1h10'
Madrid	1.635 km		2h20'
Munich	439 km		1h10'
Nice	685 km		1h20'
Paris	372 km	 TGV!	2h05'
			1h00'
Rome	1.281 km		1h50'
Strasbourg	220 km		2h10'

## CAR PARKING

There are 2 paying parking areas next to the Congress Center: "Parking Place de l'Europe" and "Parking Trois Glands".



## ACCOMODATION

The Organizers have selected a few hotels with special rates for the EAMHID Congress participants.

You will find all information on our website, under this link:

<https://eamhid.lu/luxembourg-2017/accommodation-hotels>

Sofitel Luxembourg Europe\*\*\*\*\*

Novotel Luxembourg Kirchberg\*\*\*\*

Melia Luxembourg\*\*\*\*

Parc Hotel Alvisse\*\*\*\*

Ibis Luxembourg Airport\*\*\*

Hotel Parc Belle-Vue\*\*\*

## BADGE

Each participant will receive a name badge upon check-in at the registration desk. The badge will be the official congress pass and should be worn at all time in order to gain entry into the meeting rooms.

## LANGUAGE

The official language of the 11th MHID Congress is English. Simultaneous translation into French and German will be provided during the main sessions taking place in the Auditorium. Please check online the full programme with available translation for each speech.

## CATERING FACILITIES

Coffee breaks during the congress, welcome cocktail on 21 September and snack lunches on 22 September are included in the registration fee for delegates. Bars serving coffees and snacks at individual payment are also available in the congress area.

## CERTIFICATE OF ATTENDANCE

Regularly registered participants will receive a certificate of attendance.

## WIFI

Free wifi internet connection is available in the Congress Centre.



## WEATHER

Temperate: From May to mid-October, the temperatures are particularly pleasant. Whereas May and June are the sunniest months, July and August are the hottest. In September and October, Luxembourg often experiences its own "Indian Summer". Though we recommend you not forget a raincoat or umbrella for occasional showers.

## INSURANCE

The Congress Organizers do not assume any liability for personal injuries sustained or loss of, or damage to, property belonging to congress participants (or their accompanying persons), either during or as result of the congress. Participants are requested to make their own arrangements with respect to health and travel insurance.

# LETTERS OF INVITATION AND VISA REQUIREMENTS

Participants are invited to check with their local travel agency regarding any visa requirements to enter Luxembourg. Application for letters of invitation will be accepted by the Organizing Secretariat EAMHID before 30 July, 2017. These documents cannot grant any financial support by the organizers.

## CANCELLATIONS AND REIMBURSEMENTS

Notification of cancellation must be sent by email to [congress2017@eamhid.lu](mailto:congress2017@eamhid.lu). Please ensure you receive an acknowledgement. A refund less € 40 (administration fee) will be provided on cancellations received on or before 1st of July 2017. No refunds will be made after this date.

In case the conference has to be cancelled due to circumstances out with the control of the EAMHID 2017 Organising Committee, refunds on registration fees will only apply once other conference expenses have been covered.

EAMHID will not be liable for any other travel or accommodation costs incurred by participants. Delegates must arrange their own insurance and ensure that suitable and adequate insurance has been arranged.



## SOCIAL PROGRAM

### Welcome Reception

Date: Thursday, September 21, 2017

Time: 6.15PM – 8.00PM in Congress Center

All registered participants are welcome (included in congress registration fees).

### Speakers' Dinner (by invitation)

Date: Thursday, September 21, 2017

Time: 8.00PM – 11.30 PM

This event will be held in a prestigious restaurant, Le Sud Luxembourg-City. Reserved for invited speakers. Invitation card will be given with Congress kit.

### Congress Dinner

Date: Friday, September 22, 2017

Time: 8.30 PM – 11.00 PM in Hotel Parc Belair.

Fee per person: € 80 including drinks and taxes.

### City Promenade

Date: Friday, September 22, 2017

Time: 6.30 PM – 8.30 PM

Enjoy walking around the city and discover the most beautiful corners and attractions of the city centre in company of an experienced guide. Only for participants to Congress Dinner !