# Roadmap for the Prevention

of Maltreatment of Persons with Intellectual and/or Multiple Disabilities

Evaluation and Diagnosis

1. Assessment and diagnosis of neglect, abuse and maltreatment of persons with intellectual and/or multiple disabilities

# 1.1. INFORMATION

Name		4/ (L 1/ (KTT			
Age				Sex	
ID / citizen's card no.				Contact phone number	
Address					
Postcode					
Service used					
		AMILY M			
Name	Relationship	Age	School attainment	Occupational situation	Marital status
Contact phone number					
Contact phone number  Name of legal representative	Relationship	Age	School attainment	Occupational situation	Marital status
ridine of legal representative	Retationship	Age	School difdifficin	Occupational situation	/vidiTidi 31d103
Contact phone number					
Comac phone name	EXTENDED	) FAMILY	MEMBERS		
Name	Relationship	Age		Occupational situation	Marital status
Contact phone number					
	BRIEF DESC	RIPTION	OF FAMILY		
	CLINIC	CAL SITUA	MOITA		
Type and degree of disability					
Associated conditions					
Medical supervision?	Yes 🗆				No 🗆
	Yes 🗌				No 🗌
On medication?	Indicate m	nedication:			
	CUENTAGE	IN ICTIO			
	CLIENT'S FL	JINCTION	NAL PROFILE		
		remarks			

# 1.2. Assessing the risk to a disabled person

#### A. BIOLOGICAL AND DEVELOPMENTAL DIMENSION

RISK DIMENSION A. BIOLOGICAL AND DEVELOPMENTAL		Not present	Present	Unknown / Insufficient information	Not applicable
	STOCO OTOTICA IN SEPTEMBER (I) (C		5	Х	Z
	INDICATORS				
1.	Prenatal factors: chronic disease and/or disability, family history, cytomegalovirus and toxoplasmosis, among others.				
2.	Perinatal factors: <p10 1,500g,="" 32="" <="" <3="" <7="" age,="" among="" and="" apgar="" at="" first="" for="" gestation="" gestational="" month="" others.<="" peso="" second,="" td="" weeks,=""><td></td><td></td><td></td><td></td></p10>				
3.	Postnatal factors: infections, acquired hydrocephaly, drug toxicity, damage caused by hospitalisation and administration of drugs, among others.				
4.	Alterations or impairment in psychomotor development				
5.	Disorders in cognitive development				
6.	Height and weight development not age-appropriate				
7.	Visual difficulties or impairment (e.g. blindness, poor sight)				
8.	Hearing difficulties or impairment				
9.	Language disorders				
10.	Motor disability or impairment				
	TOTAL				

GRADUATION						
Degree of risk	Minimum	Maximum	Retrieved Degree			
High	34	50				
Moderate	18	33				
Low	1	17				
None		0				

REMARKS

# B. AFFECTIVE-EMOTIONAL AND BEHAVIOURAL DIMENSION

	RISK DIMENSION B. AFFECTIVE-EMOTIONAL AND	Never/ None	Once/ Very rarely	Sometimes/ Frequently	Often / Ongoing situation	Unknown/ Insufficient information	Not applicable
	BEHAVIOURAL	0	1	3	5	Х	Z
	INDICATORS						
1.	Self-aggression						
2.	Aggression towards others						
3.	Passivity to behaviours requiring a reaction						
4.	Difficulties in relationship with family						
5.	Difficulties in relationship with care-givers						
6.	Difficulties in relationship with peers						
7.	Demonstration of fear of the family						
8.	Demonstration of fear of caregivers						
9.	Difficulty in playing						
10.	Difficulty in performing social and work activities						
11.	Apathy and lack of interest in activities						
12.	Isolation						
13.	Sleep disorders (e.g. night terrors, agitation, drowsiness, insomnia or anamnesis)						
14.	Sphincter control problems (e.g. enuresis, encopresis)						
15.	Eating disorders (e.g. changes in appetite; anorexia; bulimia)						
16.	Concrete or undetermined fears or phobias						
17.	Changes in emotional expression (e.g. uncontrolled crying or laughing)						
18.	Changes in behaviour (e.g. thumb-						
	-sucking, baby talk or nervous tics)						
19.	Constant attention seeking (e.g. shouting, hitting or pulling)						
20.	Strange behaviour (e.g. touching waste or eating faeces)						
	TOTAL						

GRADUATION						
Degree of risk	Minimum	Maximum	Retrieved Degree			
High	68	100				
Moderate	35	67				
Low	1	34				
None		0				

REMARKS

# 1.3. Assessing the risk in the family

# C. HEALTH DIMENSION

	RISK DIMENSION C. HEALTH		Present	Unknown / Insufficient information	Not applicable
		0	5	Х	Z
	INDICATORS				
1.	Non-compliance with the national vaccination plan				
2.	Failure to attend routine and specialised doctor's appointments				
3.	Persistent infections				
4.	Repeated hospitalisation				
5.	Absence of necessary care in easily handled situations (e.g. giving an antipyretic or treating a wound)				
6.	Non-compliance with treatment guide (e.g. not giving medication, errors in prescribed treatment, self-medication)				
7.	Failure to seek timely assistance (e.g. going to hospital)				
8.	Lack of preventive health care (e.g. dental checkups, ophthalmology consultations)				
	TOTAL				

GRADUATION							
Degree of risk	Minimum	Máximo	Retrieved Degree				
High	38	40					
Moderate	15	27					
Low	1	14					
None		0					

remarks

# D. SAFETY DIMENSION

RISK DIMENSION D. SAFETY		Not present	Present	Unknown/ Insufficient information	Not applicable
	0	5	Χ	Z	
	INDICATORS				
1.	Accidents due to lack of supervision				
2.	Temporary abandonment (e.g. the person is left at home alone for some time)				
3.	Exposure to family violence or conflicts				
	TOTAL				

GRADUATION							
Degree of risk	Minimum	Maximum	Retrieved Degree				
High	11	15					
Moderate	6	10					
Low	1	5					
None		0					

REMARKS			

# E. NUTRITION DIMENSION

	RISK DIMENSION E. NUTRITION	Not present	Present	Unknown / Insufficient information	Not applicable
		0	5	X	Z
	INDICATORS				
1.	No regular mealtimes				
2.	Malnutrition, dehydration, food poisoning				
3.	Poor eating habits: recurring irregular, incomplete meals (insufficient or excessive)				
	TOTAL				

GRADUATION						
Degree of risk	Minimum	Maximum	Retrieved Degree			
High	11	15				
Moderate	6	10				
Low	1	5				
None		0				

REMARKS

# F. HYGIENE AND PERSONAL CARE DIMENSION

	risk dimension f. Hygiene and personal care		Present	Unknown / Insufficient information	Not applicable
		0	5	X	Z
	INDICATORS				
1.	Lack of bodily hygiene (e.g. bathing, dirty hair, dirty or uncut nails)				
2.	Lack of dental hygiene or multiple caries				
3.	Dermatitis				
4.	Genital or anal erythema				
5.	Pediculosis (a skin problem caused by lice)				
6.	Scabies				
7.	Clothing and footwear inappropriate to season or size				
8.	Worn or torn clothing and footwear				
9.	Dirty clothing or footwear				
	TOTAL				

GRADUATION						
Degree of risk	Minimum	Maximum	Retrieved Degree			
High	31	45				
Moderate	16	30				
Low	1	15				
None		0				

REMARKS

#### G. EDUCATION DIMENSION

	RISK DIMENSION G. EDUCATION		Present	Unknown / Insufficient information	Not applicable
			5	Х	Z
	INDICATORS				
1.	No strategies for dealing with challenging behaviour (e.g. sleep, tantrums and attention seeking)				
2.	Overly strict or permissive attitude				
3.	Non-attendance of meetings requested by monitoring practitioners				
4.	Failure to respect the schedules of the caregiving organisation				
5.	Absence of disabled person from organisation without prior notice or justification				
6.	Lack of interest in the disabled person's activity at the organisation				
7.	Severe, disciplinarian child-rearing practices				
8.	Deliberate, excessive physical restrictions (e.g. food and water; locking the person in a cupboard or small space; tying the person)				
9.	Unrealistic expectations from the disabled person (e.g. education, occupation or work)				
	TOTAL				

GRADUAT			
Degree of risk	Minimum	Maximum	Retrieved Degree
High	31	45	
Moderate	16	30	
Low	1	15	
None		0	

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# H. FAMILY CHARACTERISTICS 1 DIMENSION

	RISK DIMENSION H. FAMILY CHARACTERISTICS 1	Never/ None	Once/ Very rarely	Sometimes/ Frequently	Often/ Ongoing situation	Unknown/ Insufficient information	Not applicable
		0	1	3	5	X	Z
	INDICATORS						
1.	Lack of support from the nuclear family						
2.	Lack of support from extended family or neighbours						
3.	Conflctual relationships in the family						
4.	Lack of initiative in problem solving and decision making						
5.	Shortage of time to spend with the disabled person (e.g. for work reasons)						
6.	Manifestations of tiredness or emotional exhaustion in living with the disabled person						
7.	Negative ideas and attitudes to the disabled person (e.g. disparagement and disdain)						
8.	Implausible explanations of certain events by family members						
9.	Parent's inability to provide proper care for the disabled person (e.g. due to physical, mental, emotional or behavioural limitations)						
10.	Munchausen by proxy syndrome						
11.	Use of the disabled person for begging, exploitation of labour or other illegal acts (e.g. theft)						
12.	Commercial use of the disabled person's image						
	TOTAL						

GRADUATION					
Degree of risk	Minimum	Maximum	Retrieved Degree		
High	41	60			
Moderate	21	40			
Low	1	20			
None		0			

remarks

# I. FAMILY CHARACTERISTICS 2 DIMENSION

	RISK DIMENSION I. FAMILY CHARACTERISTICS 2		Present	Unknown/ Insufficient information	Not applicable
		0	5	Χ	Z
	INDICATORS				
1.	Young or old parents (< 20 or > 40)				
2.	Inhibition of parental responsibilities				
3.	Unwanted pregnancy				
4.	Ethnic minorities with cultural and language barriers				
5.	Parents who were victims of abuse				
6.	Single-parent family				
7.	Large family (with 3 or more children)				
8.	Abuse of licit or illicit substances (e.g. drugs or alcohol)				
9.	Deviant behaviour (e.g. prostitution or delinquency)				
10.	Divorce, separation or death of a significant family member				
11.	History of mental illness				
12.	History of maltreatment (e.g. physical and verbal abuse)				
13.	Rejection of parental role				
	TOTAL				

GRADUATION							
Degree of risk	Minimum	Maximum	Retrieved Degree				
High	44	65					
Moderate	23	43					
Low	1	22					
None		0					

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# J. FINANCIAL AND HOUSING SITUATION DIMENSION

	risk dimension j. Financial and housing situation		Present	Unknown/ Insufficient information	Not applicable
			5	Х	Z
	INDICATORS				
1.	Does not have own home (e.g. lives with family members or third parties)				
2.	Insalubrious housing (e.g. no electricity, water, gas, heating, basic sanitation)				
3.	Home in poor state of repair				
4.	Lack of home hygiene				
5.	Home too small for size of family household				
6.	Insufficient or inappropriate furniture for size of family household				
7.	Unemployment				
8.	Per capita income not enough to cover expenses				
9.	Inappropriate money management				
10.	Over-indebtedness				
	TOTAL				

GRADUATION								
Degree of risk	Minimum	Maximum	Retrieved Degree					
High	34	50						
Moderate	18	33						
low	1	17						
None		0						

REMARKS	

#### K. SOCIAL INVOLVEMENT DIMENSION

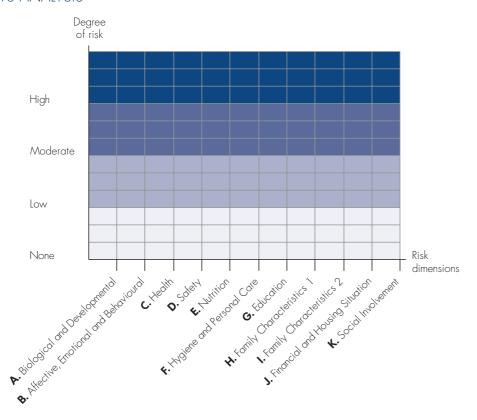
	risk dimension k social involvement		Present	Unknown/ Insufficient information	Not applicable
			5	Χ	Z
	INDICATORS		,		
1.	Social isolation (e.g. no family network, friends or neighbours)				
2.	No economic or social support (e.g. subsidies, food)				
3.	Difficulties in accessing community resources (e.g. not available nearby, poor location)				
4.	Dependency on services (e.g. home help, social insertion income)				
5.	No social support network (e.g. no vacancies in caregiving service organisation)				
	TOTAL				

GRADUATION							
Degree of risk	Minimum	Maximum	Retrieved Degree				
High	18	25					
Moderate	9	17					
Low	1	8					
None		0					

REMARKS	

# 1.4. Risk dimension grid

#### 1.4.1. RESULTS ANALYSIS



# 1.5. Assessing the degree of protection in disabled person within family

# L. DISABLED PERSON DIMENSION

	PROTECTION DIMENSION L. DISABLED PERSON	Never/ None	Once/ Very rarely	Sometimes/ Frequently	Often/ Ongoing situation	Unknown/ Insufficient information	Not applicable
		0	1	3	5	Χ	Z
	INDICATORS						
1.	The disabled person is able to ask for help if necessary						
2.	There are other people who provide the disabled person with safety, protection and wellbeing						
3.	The caregivers ensure all the care required for the disabled person's development (e.g. health, hygiene, nutrition, clothing, education and safety)						
	TOTAL						

GRADUATION							
Degree of protection	Minimum	Maximum	Retrieved Degree				
High	11	15					
Moderate	6	10					
Low	1	5					
None		0					

REMARKS	

#### M. FAMILY DIMENSION

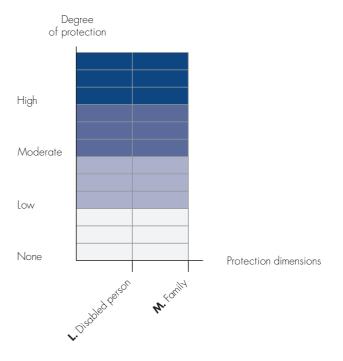
	PROTECTION DIMENSION M. FAMILY	Never/ None	Once/ Very rarely	Sometimes/ Frequently	Often/ Ongoing situation	Unknown/ Insufficient information	Not applicable
		0	1	3	5	Х	Z
	INDICATORS						
1.	Support and mutual help between members of the nuclear family						
2.	Support from the extended family						
3.	Network of friends or neighbours						
4.	Cooperation by caregivers with monitoring practitioners						
5.	High self-esteem and tolerance of frustration						
6.	Motivation to begin a process of change and personal growth						
7.	Balance between firmness and flexibility in relation to the disabled person						
8.	Access to community resources (e.g. health, education)						
9.	Job stability						
10.	Home appropriate to household's needs						
11.	Good management of family income						
12.	Demonstration of responsibility in parental tasks						
	TOTAL						

GRADUATION			
Degree of protection	Minimum	Maximum	Retrieved Degree
High	41	60	
Moderate	21	40	
Low	1	20	
None		0	

# REMARKS

# 1.6. Protection dimension grid

# 1.6.1 RESULTS ANALYSIS



# 1.7. Flagging physical and sexual abuse situations

# N. PHYSICAL ABUSE DIMENSION

	RISK DIMENSION N. PHYSICAL ABUSE
	SIGNS
1.	Unexplained bruises or injuries
2.	Injuries in different locations and different stages of healing
3.	Injuries with a pattern mark (e.g. belt, rope, bite or cigarette burn)
4.	New and old fractures
5.	Injuries in unusual places for accidental trauma (e.g. on the face, around the eyes, ears, mouth and neck or on the genitals and buttocks)
6.	Multiple recent or healed burns (e.g. cigarette burns on the palms, feet or genitals) in which it is easy to identify the object that caused them (e.g. clothes iron)
7.	Traumatic alopecia (partial or total hair loss)
8.	Bone injuries (e.g. long-bone fractures, spiral fractures and stiff or swollen joints)
9.	Concussion
10.	Internal injuries (e.g. intestinal trauma caused by a blow or kick, ruptured blood vessels or cerebral haemorrhage)
	REMARKS

#### O. SEXUAL ABUSE DIMENSION

	RISK DIMENSION O. SEXUAL ABUSE
	SIGNS
1.	Persistent or recurrent vaginal discharge
2.	Tearing of the hymen
3.	Vaginal or anal bleeding
4.	External injuries to the genitalia (e.g. redness, inflammation, fissures, lacerations, oedema, erythema)
5.	Contusions or petechiae in the oral mucosa or laceration of the labial fraenum
6.	Repeated urinary infections
7.	Semen on the disabled person's body or clothes
8.	Blood or unusual substances (lubricants) on the disabled person's body or clothes
9.	Pain in the genital or anal region
10.	Sexually transmitted diseases (e.g. gonorrhoea, syphilis, AIDS, etc.)
11.	Pregnancy
	REMARKS

# Eat or drink Wash their hands or brush their teeth Bathe or wash their genitalia Change their clothes or, if they have, preserve the clothes worn up to the time of the occurrence (including panty liners, sanitary towels or tampons) if possible dry and in paper bags Wash their hands or clean or cut their nails Comb their hair Urinate or defecate and, if they have to, the product should be preserved in an appropriate receptacle (container for bacteriologicalurine tests, for example) Touch, clean or tidy the place where the abuse occurred Empty waste bins or flush the toilet In the event of suspected sexual abuse, the team must refer victims to a forensic medicine service within 72 hours for a physical examination, collection of biological samples and psychological evaluation of the victim

# 2. Personal intervention plan

	PERSONAL	Personal Intervention Plan		
Date drafted:		Duration:	'n	
Date revised:		Person in charge:	Ψ	
Dimension of analysis:				
	PERSON WITH INTELLECTUAL AND/OR MULTIPLE DISABILITIES	FAMILY	Caregiving organisation	COMMUNITY (PARTINERSHIP)
Current situation				
Goal				
Resources (human, logistical, material, community)				
Intervention strategies				
Appraisal method				
Expected result				

			Community (partnership)
			Caregiving organisation
			Family
			Person with intellectual and/or multiple disabilities
monitoring 3	MONITORING 2	monitoring 1	
			Community (partnership)
			Caregiving organisation
			Family
			Person with intellectual and/or multiple disabilities
monitoring 3	MONITORING 2	MONITORING 1	
			Date monitored:
Date	Date assessed:		
		ASSESSMENT	
Person with intellectual and/or multiple disabilities	lities		
Family			
Caregiving organisation			
Community (partnership)			
Signatures of persons involved:			
Client:		Organisation:	
Family member or legal representative:		Community (partnership):	

# Roadmap for the Prevention of Maltreatment of Persons with Intellectual and/or Multiple Disabilities





er Project Funded by